

In this Issue....

Hockey PEI AGM Concludes

Hockey PEI Award Winners Recognized

PEI Awarded Scotiabank Hockey Day in Canada

Player to Attend Youth Olympics

Summerside to Host 2013 RBC Cup

Development Corner

....much more

Hockey PEI Annual General Meeting Concludes

Members joined together at the 36th Annual General Meeting of Hockey PEI which took place June 28 at the Rodd Royalty Inn in Charlottetown. The annual meeting included council and committee reports, award presentations, and elections to the board of directors.

It was also announced that the board of directors approved the recommendation of minor council to adopt changes to checking in minor hockey. Beginning in the 2011-2012 season, all "A" male leagues will be non-checking. Prior to the adoption, all "A" hockey male divisions was checking. This change applies to male Pee Wee, Bantam and Midget divisions.

Hockey PEI also confirmed that the branch would be leading the project for CBC's Scotiabank Hockey Day in Canada. The event will be held in the province February 8-11, 2012 throughout the province. Hockey PEI will be leading the project with other funding partners who include the Province of Prince Edward Island, City of Charlottetown and the City of Summerside.

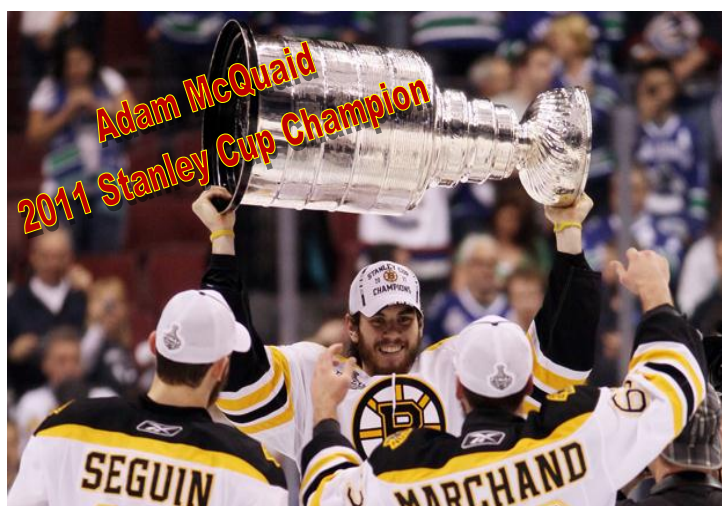
Departing board members were recognized for their contribution to the organization and game of Hockey. Vernon Doyle of Charlottetown has completed his term as VP Finance and Administration. Barry Thompson of Charlottetown has completed his term as chair of minor council and was promoted to the position of VP Hockey Operations.

The Hockey PEI Board of Directors for the 2011-2012 season are:

- President – Eugene Power
- Executive Vice President - Goops Wooldridge
- Vice President Finance & Administration – vacant
- Vice President Hockey Operations – Barry Thompson
- Chair Minor Hockey Council – Mike Hammill
- Chair Female Hockey Council - Dawn Moase
- Chair Junior Hockey Council - Cliff Affleck
- Chair Senior Hockey Council – Ron Hennessey
- Chair Hockey Development Council - Nancy MacMillan
- Chair Hockey Officials Council - Troy Howatt
- Past President - Gordie Whitlock

Below is a list of elected council members for the 2011-2012 season.

President	Eugene Power
Vice President	Goops Wooldridge
VP, Hockey	Barry Thompson
VP, Finance & Admin	vacant
Past President	Gordie Whitlock



Hockey PEI extends congratulations to Adam McQuaid of Cornwall on capturing Lord Stanley's Cup.

Adam is a graduate of North River Minor Hockey, former member of the Cornwall Thunder Major Midget program. He was also a member of Hockey PEI's Program of Excellence and member of Team PEI at the 2003 Canada Winter Games.

MINOR COUNCIL	
Chair	Mike Hammill
Vice Chair	Dave McAlduff
Secretary	Lori Cuddy
IP/Novice Director	Kristina Ellis
Atom Director	Garth Cole
Pee Wee Director	Rick Wall
Bantam Director	Sandra Jamieson
Midget Director	Al MacIsaac
Member at Large	Joe Doran
Member at Large (Female Rep)	Kerri Carpenter
Past Chair	Barry Thompson
FEMALE COUNCIL	
Chair	Dawn Moase
Vice Chair	Joanne Weeks
Secretary	Melanie Cousins
Member at Large	Mary MacKinnon
Past Chair	Leo Flood
JUNIOR COUNCIL	
Chair	Clifford Affleck
Vice Chair	Jim Chandler
Secretary	Corey Gaudet
Member at Large	Jared Doucette
Member at Large	Trent Leard
SENIOR COUNCIL	
Chair	Ron Hennessey
DEVELOPMENT COUNCIL	
Chair	Nancy MacMillan
Vice Chair	Jeremy Pierce
Secretary	Grant Boswall
Member at Large	Susan Dalziel
Member at Large	Jim MacIntyre
OFFICIALS COUNCIL	
Chair	Troy Howatt
Vice Chair	Steven Green
Secretary	Ryan Power
Member at Large	Matthew Bowness
Member at Large	Dana Harris
Past Chair	Chris Chaisson

Hockey PEI Approve Non-Checking Divisions for 2011-2012 Season

At its recent annual meeting, the Hockey PEI Minor Council presented to the minor Hockey associations the basis of the changes coming to checking in minor hockey. After several years of review and gathering of information, minor council has recommended that beginning in the 2011-2012 season, all "A" divisions of male play from Pee Wee to Midget will be non-checking.

Last season, a pilot project was conducted by associations that included checking in "A" divisions with an additional "Recreational" division. "We faced some initial obstacles with the launch of the pilot project, but once things were ironed out, we enjoyed a very successful season with the three recreational leagues", stated outgoing chair of minor council Barry Thompson.

Through consultation with the member minor hockey associations, minor council had to make a decision for the upcoming season. Minor council could have continued with the pilot project or move ahead with the proposed change to remove checking at the "A" divisions. "Minor Council reviewed other possible options and proposals that were submitted to us to consider, but at the end of the day we believe the time is right and that this will be a positive move for hockey on PEI."

The "A" level divisions make up the majority of the Hockey PEI playing membership. The removal creates a safer environment for all players including new players that join the game at any age to develop the fundamental skills of skating and puck handling without the concern of being intentionally hit by another player.

Hockey PEI continues to review the delivery of all levels of hockey in order to create a safe and fun environment for all of its participants. Removing body checking at the "A" levels is a positive decision for player recruitment and player safety.

Thompson believes that this will help the game going forward on PEI. "The goal of Minor council is to keep children interested in playing hockey. At the end of the day hockey is a sport intended to give health benefits and life lessons to participants, and Hockey PEI wants to highlight these core attributes of the game. It is about providing a safe environment and encouraging participation."

The changes have been approved by the Hockey PEI board of directors.

Hockey Canada Adopts New Rule for Checking to the Head

Hockey Canada has called for rule changes to protect players from any contact to the head, both accidental and intentional. Recently at the Hockey Canada Annual General Meeting in Calgary, the membership adopted a new rule for head checking.

"In minor and female hockey, a minor penalty will be assessed to any player who accidentally contacts an opponent in the head, face or neck with their stick or any part of the player's body or equipment. If the contact is intentional then it's a double minor. A match penalty will be assessed to any player who deliberately attempts to injure or deliberately injures an opponent under this rule," stated Hockey Canada President Bob Nicholson.

Hockey Canada first implemented a head-checking rule in 2004-05 but is asking for clearer, more defined guidelines in time for the 2011-2012 season.

Hockey Canada will begin an awareness campaign for players and coaches and will also produce videos to help educate people on how to reduce head contact.

Head Contact – Rule F6.5

- (a) In Minor and Female, a Minor Penalty shall be assessed to any player who accidentally contacts an opponent in the head, face or neck with his stick or any part of the player's body or equipment.
- (b) In Minor and Female, a Double Minor Penalty or a Major and a Game Misconduct Penalty, at the discretion of the Referee and based on the degree of violence of impact shall be assessed to any player who intentionally contacts an opponent in the head, face or neck with her stick or any part of the player's body or equipment.
- (c) In Junior and Senior, a Minor and a Misconduct penalty, or a Major and a Game Misconduct penalty, at the discretion of the Referee based on the degree of violence of impact, shall be assessed to any player who checks an opponent to the head in any manner.
- (d) A Major and a Game Misconduct penalty, or a Match penalty shall be assessed any player who injures an opponent under this Rule.
- (e) A Match penalty shall be assessed any player who deliberately attempts to injure or deliberately injures an opponent under this Rule.

Note: All contact above the shoulders (neck, face and head) is to be called Head Contact under one of the above.

Annual Awards Presented at Annual Meeting

In conjunction with the Hockey PEI Annual General Meeting, several awards were presented at the awards ceremony. Hockey PEI honored participants and volunteers who have devoted themselves to the betterment of the game. Hockey PEI was honored to present awards in the following categories.

Presidents Award

Forbie Kennedy (Charlottetown)

BF Lorenzetti & Associates Bursary

Olivia Doughart (Summerside)

Hockey PEI Scholastic Award

Samantha Sweet (O'Leary)

Female Player of the Year

Laura Bradley (Kings County Kings Midget "AA")

Male Player of the Year

Ben MacDonald (Charlottetown Islanders Major Midget)

Coach of the Year

Mike Lord (Mid Isle Matrix Midget "AAA")

Team of the Year

Kings County Kings Midget Female "AA"

Minor Hockey Association of the Year Award

Tyne Valley Minor Hockey Association

Volunteer of the Year

Al MacIsaac (North Star Minor Hockey Association)

Administrator of the Year

Jimmy Mooney (Kings County Kings Midget Female "AA")

Minor Hockey Development Award

Pownal Minor Hockey Association

Official of the Year

Wayne Doyle (Cornwall)



Hockey PEI President Eugene Power (left) presents Forbie Kennedy with the annual Presidents Award at the 2011 Annual General Meeting.

Hockey PEI Sending Player to Youth Olympic Games



Hockey PEI along with Hockey Canada have been provided the opportunity of sending one male player to Innsbruck, Austria, for the 2012 Youth Olympic Games. The Youth Olympic Games are an International Olympic Committee (IOC) initiative that is supported by the International Ice Hockey Federation (IIHF).

The tournament will run from January 13-22, 2012. The chosen athlete will participate in an elite level competition and alongside the sports element of the event, will participate in Culture and Education Programs. This unique

opportunity is open to all male members of Hockey PEI born in 1996 from across Prince Edward Island.

Hockey PEI will nominate one goalie, one defenseman and one forward to Hockey Canada, who possesses top end playing skills, excellent social skills and attitude both on and off the ice. Hockey Canada will then choose one lucky player randomly from the three Hockey PEI nominations. The chosen player must be willing to maintain a diary and complete a post event report.

The IOC and IIHF Youth Olympics is a once in a lifetime opportunity says Gene Power, President of Hockey PEI. "This tournament is a cultural experience as much as it is a hockey experience. The selected player will be given a chance to travel abroad to play the game he loves in an international atmosphere. This will not only expose the player to international competition but will also give him a chance to interact and learn from people all over the world."

Interested players can go to the Hockey PEI website at http://www.hockeypei.com/news_youth_olympics.php to download a player application form and information sheet. Applicants are required to submit a "one page" essay and provide two letters of reference. **The application deadline is Friday, July 15th at 4 pm.**

For more information please contact Mike White at (902) 368-4334 or email mike@hockeypei.com.

DID YOU KNOW ?

In 1924 after the Montreal Canadiens had won the Stanley Cup some players piled into a car with the cup to head to a party at coach Leo Dandurand's home. However they got a flat tire and the players jumped out to fix it setting the Stanley Cup on the sidewalk. After they fixed the tire they jumped back into the car and drove to the party leaving the cup behind. They got all the way there before realizing it and turned right around to get it. Lucky for them it was still there.

In the 1974 draft Punch Imlach with Buffalo's 11th pick 183rd overall he selected a player that never existed. Imlach chose Taro Tsujimoto who he said played for the Tokyo Katanas in the Japanese League. It wasn't until weeks later that Imlach admitted that there was no such player and it was just a creation of his bored imagination and based on a name he found in the Buffalo area phone book. Buffalo was not allowed to make another pick and in the record books it is recorded as an invalid claim. Although the player never existed he is still to this day, cited in Buffalo's official team media guide.

The record for the greatest number of team goals scored in the shortest time was established by the Pittsburgh Penguins in a contest against the St. Louis Blues on November 22, 1972. The Penguins racked up a smashing 5 goals in a mere 2 minutes 7 seconds.

Summerside Awarded 2013 Royal Bank Cup



The City of Summerside, The Summerside Western Capitals, Hockey PEI and the Maritime Hockey League are thrilled to announce that at the recent 2011 Hockey Canada AGM in Calgary; the site selection committee for the 2013 Royal Bank Cup National Junior "A" Championship made a

recommendation that the event be awarded to the Summerside Western Capitals and the City of Summerside.

The City of Summerside and the Summerside Western Capitals have had their sights on this event for a number of seasons and are ecstatic to be awarded this very prestigious event. "This event is certainly one that we want to build our team around, our goal is not only to host this event but to win it on home ice in 2013," said Western Capitals General Manager Pat McIver.

The five team event will take place from May 4th to 12th, 2013 at Credit Union Place in Summerside with the Championship game broadcast nationally on TSN. The tournament will be chaired by the cities Event Development Officer JP Desrosiers and the Western Capitals GM Pat McIver will be vice chair. A host committee will be selected to chair different operational areas for this large scale event.

"Anytime our city has the opportunity to host an event of this magnitude it creates a wonderful economic impact in our area, as well, allows our community to showcase our world renowned PEI hospitality and our state of the art facilities," said the City's Event Development Officer JP Desrosiers.

Mayor Basil Stewart is pleased to welcome yet another Junior "A" National Championship to Summerside. Mayor Stewart was involved in the Centennial Cup in 1989 and as well the Royal Bank Cup in 1997 and will be once again involved in the 2013 event. "Summerside has a strong history of hosting events. We are committed to continuing this legacy in Summerside; we hope to see the Western Capitals capture another championship on home ice here at Credit Union Place in 2013".

Hockey PEI has had a strong involvement during the bidding phase and supported the bid committee from the initial stages and during the in-person presentation in Toronto in March. "Hockey PEI is pleased to have been selected as the host branch for the 2013 Royal Bank Cup Championship. We look forward to working with the City of Summerside and the host Western Capitals as they pursue the National Junior championship in their own backyard. This is an exciting tournament and should be a great success," stated Gene Power President Hockey PEI.

More details will be released in the near future pending final approval between Hockey Canada and the Local Organizing Committee. Stay tuned to www.hockeycanada.ca for more details.



PEI to Welcome Scotiabank Hockey Day in Canada



Prince Edward Island will have the privilege of hosting a major hockey celebration in February 2012. On Tuesday, CBC Sports officially named PEI as the host of the 2012 Scotiabank Hockey Day in Canada.

A lot of work has been done to date by the funding partners who presented a bid to CBC sports recently to bring the event to PEI. Led by Hockey PEI, the funding partners include the Province of

PEI, the City of Charlottetown and the City of Summerside. The event will be delivered by a volunteer Local Organizing Committee (LOC).

"We're thrilled to be bringing this celebration to the province of Prince Edward Island," said Joel Darling, director of production for CBC Sports. "Hockey is a universally Canadian passion, shared equally among players and fans from our biggest cities to the tiniest communities, so we think it's especially appropriate to be taking Scotiabank Hockey Day in Canada to the cradle of Confederation, where the entire province can share in the experience."

It is the vision of the LOC to share events with as many communities as possible across the province throughout the week. Activities planned include skills clinics, school visits, NHL alumni activities, Stanley Cup visits, corporate luncheons, community banquets and of course the national broadcast on Saturday February 11, 2012.

Although many communities will experience Hockey Day in Canada the focal points of the week and anchor communities will be in Charlottetown and Summerside. Both municipalities are excited about the opportunity and the chance to be part of the national event.

"The City of Charlottetown is proud to partner with Hockey PEI, the Province of Prince Edward Island and the City of Summerside in hosting Scotiabank Hockey Day in Canada festivities in 2012," said Wayne Long, Events Development Officer for the City of Charlottetown. "Charlottetown has a strong and spirited hockey tradition and we are incredibly excited to host a number of activities associated with Scotiabank Hockey Day in Canada in the provincial capital, stimulating economic, tourism and cultural prosperity for our community."

"The City of Summerside is honored and extremely excited to be part of this live 13 hour CBC broadcast. Summerside has always been a hockey lover's city and we are excited to show our love of the game to the rest of the nation. This event will provide some significant economic impact on our local communities not to mention national exposure. We look forward to hosting a wonderful event next February in partnership with Hockey PEI, the Province of PEI and the City of Charlottetown" stated JP Desrosiers, Event Development Officer for the City of Summerside.

The LOC will reveal a full schedule of events and activities in the fall of 2011. All events will be open to the public and the LOC invites all Islanders to come out and celebrate the game. The highlight of the week will be the appearance of legendary hockey icons Don Cherry

and Ron MacLean as they deliver Coaches Corner live to the nation from Prince Edward Island.

The LOC will provide regular updates to the public as they are made available.



Summerside Awarded 2012 Bell Aliant Atlantic Pee Wee Championships



Bell Aliant
PEE WEE AAA ATLANTICS

Hockey PEI has recently announced that the Summerside Minor Hockey Association has been selected as the official host of the 2012 Bell Aliant Pee Wee AAA Atlantic Championships. The Summerside Pee Wee "AAA" Capitals will host the event at the Credit Union Place from March 22-25, 2012.

The championship will crown the top Pee Wee AAA team from the region. Teams will include Newfoundland and Labrador, Nova Scotia, New Brunswick, a provincial representative from PEI and the host Summerside Capitals.

Summerside Minor Hockey was successful in their bid attempt, as they were selected among two bids that were submitted to Hockey PEI. A committee comprised of members of Hockey PEI Minor Council reviewed the bid applications and made the selection for the championships.



"On behalf of the Summerside and Area Minor Hockey Association we are very excited and look forward to hosting the top Peewee AAA Teams in Atlantic Canada. We are very excited and are certain that in cooperation with Hockey PEI and the City of Summerside, we will be able to stage a first class event in a state of the art facility. Not only will it be a great experience for our own players, but we plan on making sure to make this event something all teams will remember," stated Bruce Cameron, President of Summerside and Area Minor Hockey Association.

Development Corner

Off-Ice Tip: The Importance of Off-ice Training

Although great technique is essential to becoming a great skater, you will not be able to reach your full potential if your leg muscles lack in power, flexibility and endurance. That is why an off ice training program is essential if you are looking to take your skating skills/overall hockey abilities to the next level.

When deciding to engage into an off ice training program, many do not know where to begin. Are you looking to build more endurance, increase your flexibility or get stronger more powerful muscles? Are you looking to combine them all? In order to help you achieve maximum speed and explosiveness on the ice, you should engage in an off ice program that focuses on increasing all aspects: power, flexibility and endurance.

Develop Skills in the Off-Season

Youth hockey now involves more games and tournaments than ever. While the season used to start in October and end in March, it now goes almost non-stop for 12 months. Spring and summer seasons, which used to be dedicated to skill-development programs, are now dedicated to tryouts, practices and tournaments. The off-season should be used for skill development! If kids want to skate on beautiful summer days, they should be doing so for skill-development purposes rather than for competition!

Children need to have fun! They need some time away from hockey and away from the rink. They don't thrive on the constant pressure of tournaments and competition. They should play other sports and develop other athletic skills that will improve their spirit and overall coordination.

Contact Hockey PEI.....

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