

**In this Issue....**

**Provincial Champions Declared**

**PEI Claims Three Atlantic Titles**

**Award Nominations Being Accepted**

**Who is Don Johnson?**

**International Coaching Conference**

**Development Corner**

**....much more**

## Kings County Kings Head to National Midget Championships

The Kings County Kings Midget Female team rewrote hockey history on PEI. The Kings recently captured the first Midget Female Atlantic Hockey Championship for PEI and will now represent the Atlantic region at the Esso Cup, National Female Midget Championships in St. Albert, Alberta.



Kings County Kings Midget Female Atlantic Champions

The Kings County Kings defeated the New Brunswick representative 3-1 to capture the championship. The Kings jumped out to an early start with their first goal 2:18 into the first period. Ellen Jenkins scored the first goal to begin the charge, with an assist from Kiaya Jorden.

Again early in the second period, the Kings would jump on a couple of great opportunities to take control of the game. Alyssa Ferguson scored 2:02 into the period (assisted by Sophie Jenkins) and Anna McInnis would pounce again a short time later at 3:35 (assists by Laura Bradley and Sophie Jenkins) to take control of the game.

Kings County carried all the momentum through two periods with a commanding three goal lead. The Northern Stars of New Brunswick came out strong in the third period applying constant pressure and carrying a majority of the play in the third. The Northern Stars would finally close the gap and break the goose egg at 7:45 potting their first gold to make the score 3-1.

The host team played strong defensively down the stretch while both teams had great chances to score. While there were many chances at both ends of the rink, the Kings County Kings and the very supportive home crowd counted down the final seconds and the Kings County Kings were crowned the 2011 Atlantic Midget Female Champions. Emma Meanor recorded the win in nets for the Kings.

The Kings will now represent the Atlantic region at the 2011 Esso Nationals Midget Female Hockey Championships. The Championships in St. Albert, Alberta runs from April 17-23.



For more information on the Esso Nationals, please visit [www.hockeycanada.ca](http://www.hockeycanada.ca)

## Mid Isle Matrix Midgets Claim Atlantic Championship

The Mid Isle Matrix Midget AAA team capped off a great regular season with a provincial title over the three time defending champions, the Charlottetown Abbies.

Capturing the provincial title would lead them to the Minor Midget Atlantics in Clarenville Newfoundland. After an opening day tie to NB and a second day loss to Newfoundland, the team found themselves behind the eight ball in the Championships.

The Matrix rallied on with two big win's to end the round robin portion of play with wins over the host Tri Pen and a close 4-3 win over Nova Scotia. With a 2-1-1 record, the Matrix would advance to the Championship game through a very close tie breaking procedure.

The Matrix would extract revenge against Newfoundland with a 4-1 victory to claim the 2011 Atlantic Minor Midget Championship. This would extend the streak for PEI, claiming the Minor Midget Atlantic Championship three years in a row.

Contributing goals on the Matrix side of the game sheet was Jordan Mayhew, Brandon Gallant, Luke McKay and Tanner MacGuigan. Goaltender Mike Nowak received the Player of the Game Award for the Mid-Isle Matrix.

Defensemen Aaron Nunn was named the Most Sportsmanlike player at the tournament awards.



Mid Isle Matrix  
Atlantic Minor Midget Champions

## Atlantic Championships Recap

Each hockey season Hockey PEI participates in five Atlantic Championships. Provincial Champions in these respective divisions proudly carry the PEI flag and represent the province at these championships.

Below is summary of provincial representatives that attended the recent championships.

### **Bell Aliant Atlantics - Pee Wee AAA Championship**

The Summerside Capitals represented Hockey PEI at the Championships in Halifax, Nova Scotia.

### **Irving Oil Cup – Bantam AAA Championships**

The Sherwood Falcons represented Hockey PEI at the Championships in Quispamsis, New Brunswick.

### **Midget Minor AAA Atlantic Championship**

The Mid Isle Matrix represented Hockey PEI at the Championships in Clarenville, NFLD.

### **Midget Female Atlantic Championship**

The Western Wind represented Hockey PEI at the Championships in Montague, PEI. The Kings County Kings were the host team.

### **Atlantic Regional Midget Major Hockey Championship**

The Cornwall Thunder represented Hockey PEI at the Championships in Charlottetown, PEI. The Charlottetown Islanders were the host team.

## Hockey PEI Provincial Champions Declared

The conclusion of the 2010-2011 hockey season recently ended and provincial champions have been declared ranging from minor hockey through to the Provincial senior leagues. The following is a list of the Provincial Champions.

DIVISION	CHAMPION
Atom Female	Northumberland Bruins
Atom A Male	Pownal Red Devils #1
Atom AA Male	Tignish Aces
Atom AAA Male	Charlottetown Abbies
Pee Wee A Female	Tyne Valley Tornadoes
Pee Wee AA Female	East Prince Wildcats
Pee Wee Rec Male	Summerside Capitals #1
Pee Wee A Male	North River Flames
Pee Wee AA Male	North River Flames
Pee Wee AAA Male	Summerside Capitals
Bantam A Female	Pownal Red Devils
Bantam AA Female	Capital District Cyclones
Bantam Rec Male	Sherwood Falcons #1
Bantam A Male	Pownal Red Devils
Bantam AA Male	Sherwood Falcons
Bantam AAA Male	Sherwood Falcons
Midget A Female	Charlottetown Abbies
Midget AA Female	Kings County Kings
Midget Rec Male	Charlottetown Abbies
Midget A Male	Evangeline Flyers
Midget AA Male	Summerside Capitals
Midget AAA Male	Mid Isle Matrix
Major Midget	Charlottetown Islanders
Junior C	Charlottetown Abbies
Junior B (IJHL)	Kensington Vipers
Island Women's Hockey League	Pownal Blades
Senior C League	Souris Icemen

Hockey PEI wish to extend congratulations to all participating teams and winners of the Provincial Championships. Many thanks also go out to the Host Communities whose dedicated committees and volunteers help shape these events and provide that great Island hospitality. Thanks to all for another great season.

### Hockey PEI Annual General Meetings

Minor Council – May 10<sup>th</sup> (Rodd Royalty Inn, Charlottetown)

Hockey PEI AGM – June 28<sup>th</sup> (Location TBD)



## Summerside Capitals Capture League Title – Head to Fred Page Cup



Summerside Junior "A" Capitals  
2011 Kent Cup Champions

The Summerside Western Capitals claimed their second Maritime Hockey League championship in three years. The team also captured the Kent Cup in 2009. The Capitals secured the title with a dramatic come-from-behind road victory to sweep the Pictou County Weeks Crushers in the best-of-seven MHL series.

With the victory the Capitals now head to the Fred Page Cup in Terrebonne, Quebec, from April 20 to 24. The Eastern Canadian junior A hockey championship tournament will also feature the host Terrebonne Cobras along with the winners of the Central Junior A Hockey League and Quebec Junior AAA Hockey League. The winner of the Fred Page Cup will head to the RBC Cup National Junior A Championships in Camrose, Alberta.

The Capitals' road to the Kent Cup was certainly not easy. After winning just four of their first nine regular-season games, the Caps finished 36-12-1-3 which was good enough for 76 points and second overall in the league.

The Caps swept Miramichi in the Roger Meek Division semifinal, and pulled out a seven-game division final series against Woodstock, which included rallying from a two-goal deficit with 1:11 remaining in the third period of Game 7 to win in overtime.

Follow the Capitals at the Fred Page at the event website:  
[www.fredpage2011.com](http://www.fredpage2011.com)

## Teams Descend on Montague to Challenge for Don Johnson Cup



The Kensington Vipers recently captured another provincial Island Junior Hockey League (Junior B) title winning the Championships in four straight games versus the Montague Maniacs. Kensington won game four 4-1 to capture the title.

While both teams were battling for a league title, both knew they would be attending the 2011 Don Johnson Cup as the Montague Maniacs will host this year's championship. The Don Johnson Cup which was first awarded in 1982 crowns the top Junior B team in Atlantic Canada.

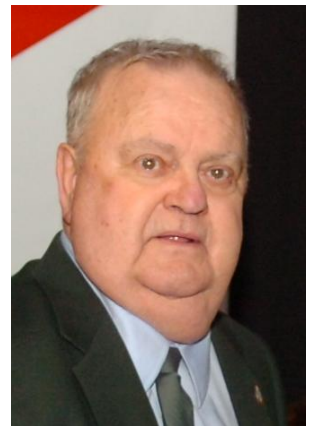
The Montague Maniacs will play host to the championship April 26 – May 1 at the Montague Wellness Center. Other participating teams include:

Newfoundland - Mask Security Junior Celtics (St. Johns)  
New Brunswick - Tri County River Cats (Fredericton Junction)  
Nova Scotia – Bay Ducks (Upper Tantallon)  
PEI – Kensington Vipers  
Host – Montague Maniacs

For schedules and information, visit [www.donjohnsoncup.com](http://www.donjohnsoncup.com)

### THE DON JOHNSON CUP STORY

The year was 1930, the location was Halifax, Nova Scotia where Don Johnson was born. There was no minor hockey at the time, Johnson did play school hockey in his early days. He went on to St. Mary's High School and College where he continued to compete at both levels. Later, he coached both teams with the latter playing at the AUAA level. Johnson also played junior hockey at St. Mary's in Halifax. The next two seasons Johnson played with the Annapolis Valley's Middleton Maple Leafs, then he moved on to play with the Digby Ravens. Returning to Halifax in the 1950's, he laced up with the Fairview Aces of the Halifax Suburban Hockey League. In addition, during this period Don also played a season with the Bridgewater Hawks, and the Windsor Maple Leafs.



Don Johnson

In the late 50's Johnson moved to Campbellton, New Brunswick where he helped the Tigers claim a provincial title during his second year with the team.

As an employee of the Bank of Nova Scotia, Johnson was transferred to St. John's, Newfoundland in December of 1959. He played senior hockey at the local level for two years. During this time his St. Pat's team won the historic Boyle Trophy both seasons (only the Stanley Cup is older than the Boyle Trophy). Johnson was an assistant coach with the St. John's Capitals when they won three consecutive provincial titles to claim the Herder Memorial Trophy.

After his playing and coaching days were over, Johnson was elected president of the St. John's Junior and Senior Hockey League and in the mid 60's was elected president of the Newfoundland Amateur Hockey Association where he would helped lead that province into union with the Canadian Amateur Hockey Association. In the 70's he was the first elected an officer of the Canadian Amateur Hockey Association (CAHA), and later was elected president of the national body, a position he held for two years.

During Johnson's term in office, the CAHA returned to international hockey and the Canada Cup, and helmets were made mandatory. He was an officer of the association for ten years and was elected an Honorary Life Member in 1982.

The first Don Johnson Cup was played in 1982 in Kensington P.E.I. Johnson had the privilege of presenting the trophy to his own son, who was the assistant captain for the winning Brother Rice Junior Celtics from St. John's Newfoundland. Robert Cousins was the organizer of the inaugural tournament and led the initiative to have the trophy named in honour of Don Johnson.

## **Bantam Female Teams Demonstrate Fair Play**



Pownal Red Devils and Tignish Aces

All teams compete hard trying to capture a provincial title. At the Bantam A female championships, the host team Pownal Red Devils defeated the Tignish Aces to capture the championship. Although there is officially only one championship team, both teams can still be considered winners.

With their medals draped around their necks, both teams decided to gather for a group photo to celebrate their championship. Hockey is not always about winning...sportsmanship and camaraderie is also very important. Great job girls !!!!

## **Hockey PEI Awards and Scholarship Applications Available for Submission**

Hockey PEI is pleased to announce that applications are now available for the 2010-2011 Awards Recognition Program, along with the BF Lorenzetti and Hockey PEI Scholarships. These Awards have been developed to honor deserving participants and volunteers of hockey across the province.

This will be the third year for the awards program. The Awards Recognition Program is accepting nominations in the following categories:

- Volunteer of the Year
- Minor Hockey Association of the Year
- Administrator of the Year
- Female Player of the Year
- Male Player of the Year
- Coach of the Year
- Team of the Year
- Official of the Year
- The two scholastic awards, Hockey PEI and BF Lorenzetti, are to honor a deserving player and/or official pursuing post secondary education and valued at \$1,000 each.

In addition to the above noted awards, Hockey PEI also presents two annual Development Council Awards to the minor hockey association that best promotes branch and Hockey Canada Development Programs for its players, coaches, officials and instructors. One for associations comprised of 300 players or less and one whose registrations exceed 300 players. Individuals will also be recognized by Hockey PEI with the Hockey Canada Officiating Branch Awards, Presidents Award and Hockey PEI Life Membership.

Eugene Power, President of Hockey PEI encourages all members to nominate a deserving participant or volunteer for these awards. "Hockey PEI has one of the largest networks of volunteers in this province who work tirelessly to make the game of hockey available to our youth; it is those volunteers and participants who deserve the very recognition that these awards provide", stated Power.

Information and applications can be found at [www.hockeypei.com](http://www.hockeypei.com) or by contacting the office at 902-368-4334 or [info@hockeypei.com](mailto:info@hockeypei.com).

Deadline for submission is Friday, May 13, 2011 and all presentations will be made at the Annual General Meeting to be held in June.

## **International Coaches Conference Hosted by Hockey Canada**

Hockey Canada, in partnership with the Atlantic Regional Centre, has announced details for the 2011 International Coaches Conference, scheduled for July 14-17 at the Westin Nova Scotian and Dalhousie University in Halifax, N.S.

More than 300 coaches will travel to Halifax to participate in presentations, workshops and hot stove sessions that will focus on topic areas like strategies, tactics, practice plans, and strength and conditioning addressing the needs of coaches at all levels of the game.



Presenters will be announced in the coming weeks. At previous ICC events, names like Pat Quinn, Tommy Boustead, Mark Johnson and Melody Davidson have headlined the list of keynote presenters.



The registration fee to attend the 2011 International Coaches Conference is \$475. Please note there are a limited number of registration spots available.

“The goal of the International Coaches Conference is to create an exciting and interactive learning environment for coaches at every level of the game. Coaches who continue to increase their knowledge ultimately create a better development experiences for their players and a more effective and productive team environment,” says Paul Carson, Hockey Canada’s vice-president of hockey development. “The ICC provides a terrific forum to help coaches at all levels of experience to enhance their coaching skill set.”

“The interaction from coaches from all countries – including your own – is just phenomenal. It’s outstanding,” says Portland Winterhawks head coach/general manager Mike Johnston, who has presented at the last four ICCs. “There’s always something to learn. For me personally, it’s helped me immensely as a coach.”

The 2011 International Coaches Conference will be the 12<sup>th</sup> edition of the event, with Halifax joining past host cities Calgary, Alta. (1989, 1990, 1992, 1994, 2004), Montreal, Que. (2002), Quebec City, Que. (2008), Saint John, N.B. (1998), Toronto, Ont. (1996, 2006) and Vancouver, B.C. (2000).

For more information on the 2011 International Coaches Conference, please visit [www.hockeycanada.ca/icc](http://www.hockeycanada.ca/icc)



Puckster visited several Island rinks during the provincial championships. This photo was taken at the Atom AAA Provincials in Tignish.

## Bids Being Accepted For 2012 Bell Aliant Pee Wee AAA Championships



Hockey PEI is the host branch for the 2012 Bell Aliant Pee Wee Atlantic Championships. The championships are to be held March 22-25, 2012.

This championship consists of provincial representatives from New Brunswick, Nova Scotia, Newfoundland and Labrador, PEI and the host team.

Interested groups may request a copy of the bid guidelines by contacting the Hockey PEI office at 902-368-4334 or by email at [info@hockeypei.com](mailto:info@hockeypei.com)

The deadline to submit bids is May 20, 2011.

## DID YOU KNOW ?

The World Hockey Association was a rival hockey league from 1973 to 1979. Hockey legends Gordie Howe, Bobby Hull, and Wayne Gretzky played in the league, but it couldn't compete with the NHL. Four current NHL teams came from the WHA. The Edmonton Oilers, Hartford Whalers (now Carolina Hurricanes), Quebec Nordiques (now Colorado Avalanche), and Winnipeg Jets (now Phoenix Coyotes).

In 1930, Toronto Maple Leafs' general manager Conn Smythe placed a winning bet on a longshot horse to pay the cash-strapped Ottawa Senators for star player Frank "King" Clancy.

On March 31, 1923 Frank "King" Clancy played every position for his team. In those days players had to fill in for whatever gap was left when a player needed a rest or was injured and Clancy ended up playing both sides of defense and every forward position. He even played goalie since when a goalie got penalized back then it was their job to serve the penalty. So Clancy played 2 minutes of goal and never let one in.

## Development Corner

### Off-Ice Tip: The Importance of Off-ice Training

Although great technique is essential to becoming a great skater, you will not be able to reach your full potential if your leg muscles lack in power, flexibility and endurance. That is why an off-ice training program is essential if you are looking to take your skating skills / overall hockey abilities to the next level.

When deciding to engage into an off-ice training program, many do not know where to begin. Are you looking to build more endurance, increase your flexibility or get stronger more powerful muscles? Are you looking to combine them all? In order to help you achieve maximum speed and explosiveness on the ice, you should engage in an off-ice program that focuses on increasing all aspects: power, flexibility and endurance.

### Officials Tip: The role of an Official

The basic Role of the official can be broken down into two simple words -"safe" and "fair". By viewing and officiating the game with these two words in mind, an official should be able to call a game that is acceptable to all of the participants.

There is no excuse for an official not to penalize any infraction that threatens the safety of another participant and Hockey Canada calls upon all officials to strictly enforce these types of infractions.

The word "fair" does allow some flexibility in determining which infractions will and will not be penalized. Any infraction that takes away a good scoring chance should be penalized. However, some infractions, although obvious infractions by the wording in the rulebook, can be overlooked if no advantage is gained. Remember that it is the "spirit" or "intent" of the rule that determines an infraction, not the literal wording. This will be interpreted differently in each game, depending on the official, the level of play and the style of play. As officials develop their officiating skills, their "feel for the game" and "judgement" will help them determine the officiating style needed in each game.

Infractions after the whistle should also be penalized accordingly, with emphasis placed on penalizing the instigator of such activity.

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