

Spring Valley Building Centre Mid-Isle Matrix Major Bantam AAA

Spring ID Camp

April 6th, 2019

APM Centre

Schedule

1100am – 1115am - Registration – Jersey allocation

1200pm- 130pm - On- Ice- Skills Sessions

140pm -240pm - Player Information Session – Upstairs Classroom

250pm -330 pm - Nutrition Break/ Team Building Exercise

330pm -430pm - Fitness Testing – Gym

400pm to 500pm - **Mandatory** Parent Meeting – Upstairs Classroom

510pm – 640pm - On-Ice Skills Session

640pm- 730pm - Player Interviews – Coaches

COST - $20 – Payable at door- cash only

**Pre-Register** – E-mail Shawn Arbing, smarbing@gmail.com, please provide Players name and birthdate

**No food is provided** please come prepared with your own food and beverages.

Open to all players that will be eligible to play **Bantam in the Matrix zone next season.**

COME JOIN THE RED HELMETS

 BLEED GREEN

